



# LIONESS TRAINING

*Awakening the Instinctively Great **Trainer** in YOU!*

The life of a lion cub depends upon how quickly and effectively the Lioness teaches the skills it will need to be successful and independent of her – very much like our employees, patients, students and clients depend on us to teach them the skills they need to be successful.

*What can we learn from the Lioness' approach?*

**It's a jungle out there!**

Join Katherine Eitel as she takes us on a journey through the jungle of effective training skills and shares lessons on coaching that will forever impact the way you teach your valuable information and guide your employees, patients, students and/or clients.



## COURSE OBJECTIVES:

- How to teach it so they really get it!
- Ways to adapt material for one-on-one coaching, group trainings, team meetings, and new employee orientations
- How to set correct training objectives
- Ways to “chunk” your material in bite-size pieces
- How to train for independence and elevate self-esteem
- Ways to “read” your participants’ level of understanding
- 20 review mechanisms and testing components
- Ways to craft training that appeals to all learning styles
- Ideas for using rewards, giveaways, learning tools... without overdoing it!
- Correct physical learning environments or room dynamics
- Pointers on how to deal with difficult or resistant learners
- How to make learning effective, cost-effective, and something your participants actually look forward to!
- What makes a great handout or course materials
- Where to go to order training resources

*Let Katherine's  
**Solid and Upbeat**  
Presentations  
Make Your Next Meeting  
a **HIT!***



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Train the Trainer