

# Training Day Worksheet - OMEC

Content Title: \_\_\_\_\_

Learning Objectives: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Morning Session

Opener \_\_\_\_\_



Break



Closer \_\_\_\_\_

( Lunch Break )

# Training Day Worksheet - OMEC

Content Title: \_\_\_\_\_

Learning Objectives: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

## Afternoon Session

Opener \_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_

Energizer \_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_

Break



\_\_\_\_\_  
\_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_

Energizer \_\_\_\_\_



\_\_\_\_\_  
\_\_\_\_\_

Closer \_\_\_\_\_